



## **ORGANIZATIONAL GROWTH, INC**

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### **RESPONSIBILITIES OF THE “ANTI-BULLYING AND PEACEMAKING PATROL”**

Developed by Nate Terrell, LCSW and Anita Foeman, Ph.D.

- 1) Take advantage of every possible opportunity to use “peer pressure” to eliminate bullying by collectively disarming bullies through direct feedback, appropriate questions, offering to be helpful, unpredictable behavior, humor, etc.
- 2) Help bullies develop empathy and greater social responsibility by teaching them how harmful their behavior is to their victims.
- 3) Protect and/or help chronic victims of bullying by being with them during the times when they are most frequently bullied, teaching them strategies to respond effectively to bullying, providing them with support, etc.
- 4) Use conflict resolution and mediation strategies to enable students to effectively resolve conflicts.
- 5) Report “serious incidents” of inappropriate student behavior to an adult such as severe bullying/sexual harassment, physical fights, sexual assaults, threats of violence, etc.
- 6) Meet on a regular basis to discuss how things are going, “brainstorm” new ways to eliminate bullying and practice conflict resolution skills through role-play.
- 7) Discuss the role and responsibilities of the “anti-bullying and peacemaking patrol” with your friends, teachers, etc. whenever possible to educate them about your efforts.
- 8) Treat bullies with the respect and consideration that every student deserves. When bullies are bullied it only reinforces their inappropriate behaviors and increases the chances that they will continue to bully others.
- 9) Do everything to protect yourself and others in situations that are truly dangerous.
- 10) Whenever possible, become friends with both bullies and the victims of bullying to increase your opportunities to be helpful.
- 11) Keep your parents informed about your experiences on the “anti-bullying and peacemaking patrol.” They are likely to have some great ideas about how you can be the most effective!

- 12) Help provide training to students regarding what they can do to eliminate bullying and promote peace within their school community.
- 13) Work with administrators, teachers and student assistance staff to develop new programs which eliminate bullying and promote a peaceful school community.

